

That's right, now it's dangerous bath salts. We haven't seen this here, but there have been a lot of stories in the news recently about these legal drugs. A few months ago, I warned everyone about the synthetic marijuana substitute being sold in stores and it looks like this is the next new thing. These "bath salts" are often sold with names like "Ivory Wave," "White Lightning" and "Hurricane Charlie." These powders contain mephedrone and methylenedioxypropylamphetamine, also known as MDPV, and can cause hallucinations, paranoia, rapid heart rates and suicidal thoughts. These substances are also often advertised as plant food, but of course that's not what it's used for. These substances are not regulated and are therefore legally sold in convenience stores, "head shops", and over the internet.

The salts are crushed into powder and snorted, injected, or smoked and the effects are comparable to methamphetamine. There have been deaths linked to the substances, particularly suicides during drug-induced hallucinations. Several states are taking steps to outlaw these substances. Please be mindful that things kids and teens have may not be what they seem.

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